Learning Communities Resource Center

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Whole Family Approach Transformation Stories



National Community Action Partnership 1020 19th Street NW, Suite 700 Washington, DC 20036 www.communityactionpartnership.com



THE PROMISE OF COMMUNITY ACTION

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other.





Purpose: The purpose of the LCRC is to analyze
Community Action outcomes and identify effective,
promising, and innovative practice models that alleviate
the causes and conditions of poverty.

BUILD CAA CAPACITY TO FIGHT POVERTY!



BIG GOALS









The National Community Action Network Theory of Change Community Action Goals

Goal 1: Individuals and families with low incomes are stable and achieve economic security.

Goal 2: Communities where people with low incomes live are healthy and offer economic opportunity.

Goal 3: People with low incomes are engaged and active in building opportunities in communities.



Services and Strategies

Employment



Income, Infrastructure & Asset Building **Education & Cognitive**



Health/Social **Behavioral Development**



Civic Engagement & **Community Involvement**



Development

- Recognize the complexity of the issues of poverty
- Build local solutions specific to local needs
- Support family stability as a foundation for economic security
- Advocate for systemic change
- Pursue positive individual, family, and community level change
- Maximize involvement of people with low incomes
- Engage local community partners and citizens in solutions
- Leverage state, federal, and community resources

Performance Management

How well does the network operate?



What difference does the network make?



- Local Organizational Standards
- State and Federal Accountability Measures
- Results Oriented Management and Accountability System
- Individual and Family National Performance Indicators
- Community National **Performance Indicators**

A national network of over 1,000 high performing Community Action Agencies, State Associations, State offices, and Federal partners supported by the Community Services Block Grant (CSBG) to mobilize communities to fight poverty.

This publication was created by NASCSP in the performance of the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Community Services, Grant Number 90ET0451.



Defining the Whole Family Approach

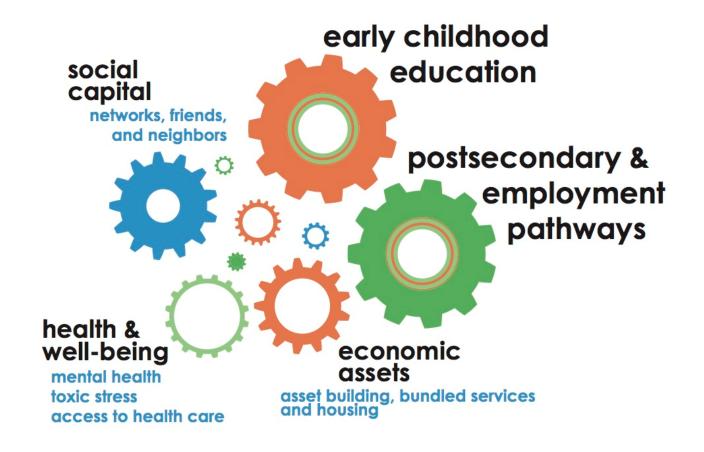




A Whole Family Approach Meets the Needs of Children and Parents *Together*.



Whole Family Approach Frameworks



Source: Ascend at the Aspen Institute, Two-Generation Playbook



COMMUNITY ACTION ECONOMIC MOBILITY INITIATIVE

- An initiative funded by the Annie E. Casey Foundation
 - dedicated to breaking the cycle of intergenerational poverty through whole family approaches in Community Action
- Sponsored 10 agencies to participate in an 18-month cohort



CENTRAL MISSOURI COMMUNITY ACTION

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Whole Family Approach At CMCA

We believe that all CMCA Members deserve seamless access to services that move them toward self-sufficiency





OUR PROCESS Towards WFA







Theory of Change

CMCA WHOLE FAMILY APPROACH LOGIC MODEL

ASSUMPTIONS	COMPONENTS	SHORT-TERM OUTCOMES	LONG-TERM OUTCOM	ES	
Social Connections: Families who are active in their community and engaged in their own well-being will be less isolated, more likely to have access to supportive services, and resources that give them opportunities to thrive.	Leadership Development: Confident adults will embrace leadership roles that provide opportunities to change their life outcomes, expand their goals and develop their hopes and dreams of greater things in their lives	Leadership skills are developed Leadership skills are utilized in formal and informal settings			
	Relationship Skills: One on one mentoring and training opportunities to develop and strengthen communication skills, listening skills, and establishing mutual respect with others. Civic Engagement & Community Involvement: Using leadership and relationship skills to advocate for themselves, their families, their neighborhoods and community.	English Language Skills Life Skills (Human Relations) Support System Access to Services Become actively engaged within community	Resilient Families		
Family Well-Being: Family well-being is vital to thriving communities. Families who are able to make informed decisions, manage their basic needs, and tackle pressing human and community issues are better equipped to lead happy, healthy lives. A range of factors can affect family well-being, and investments in families contribute significantly to the social, psychological, and economic development of our community.	Cognitive Development: Young children and students get consistent routines, exposure to a broad continuum of experiences, caring supervision, skill building practice, and comprehensive opportunities for their individual development. Parents are cosched to look for and expect these interventions for their children.	Education Child Outcomes		Social Mobility Thriving Communities	
	Health & Wellness: Promote and educate adults and children on the elements of good health. Provide opportunities to practice and implement these strategies. Members establish connections with trusted care providers, manage their own health, and care for their families.	Youth Outcomes Clothing Food Functional Ability Mental Health Physical Health Safety Substance Abuse			Communities
	Parenting Skills: Provide educational opportunities that enhance the relationship between parent/caregiver and child, strengthen communication, listening skills and creates opportunity for healthy child rearing and development.	Life Skills (Household Management) Parenting			Thriving
Economic Stability: Living wage jobs move people out of poverty. To attain living wage jobs, members must have the necessary trade skills or education to meet the demands of today's employers. Affordable quality housing is a foundation for economic stability.	Employment: Analyze member circumstances and skill sets and establish career goals. Provide scaffolding opportunities to enhance skill development and promote living wage employment.	Career Resiliency/Training Childcare Clothing Employment Stability Transportation			
	Safe & Stable Housing: Connect members to resources that support stafe and stable housing. Promote opportunities to advocate for the addition of affordable housing.	Housing			
	Education & Skill Development: Identify education and vocational opportunities that match members' career goals. Support their enrollment and ongoing attendance/engagement. Coach members to overcome barriers.	English Language Skills Education Legal			
	Income & Asset Building: Coach members on strategies that increase income and tangible assets such as savings or a home. Provide financial planning and coaching.	Life Skills (Setting Goals & Resourcefulness) Income Life Skills (Financial Matters)			





CMCA Milestones

- → Intensive 7 months of training family service workers
- → Identifying a Family Self-Sufficiency assessment with proven reliability
 - Feeds into measurement of the WFA success through the Logic Model
- → Progress towards full agency integration
- → WFA implementation in September 2018
- → Self-Sufficiency Matrix assessment implemented
 - ♦ Will have 1 year of impact data in June 2019
- → Piloting a Data Governance Toolkit with Annie E. Casey Foundation
 - Guide CMCA towards agency data plan for decision making, data system streamlining
- → WFA aligned with ROMA NPIs



CMCA Challenges

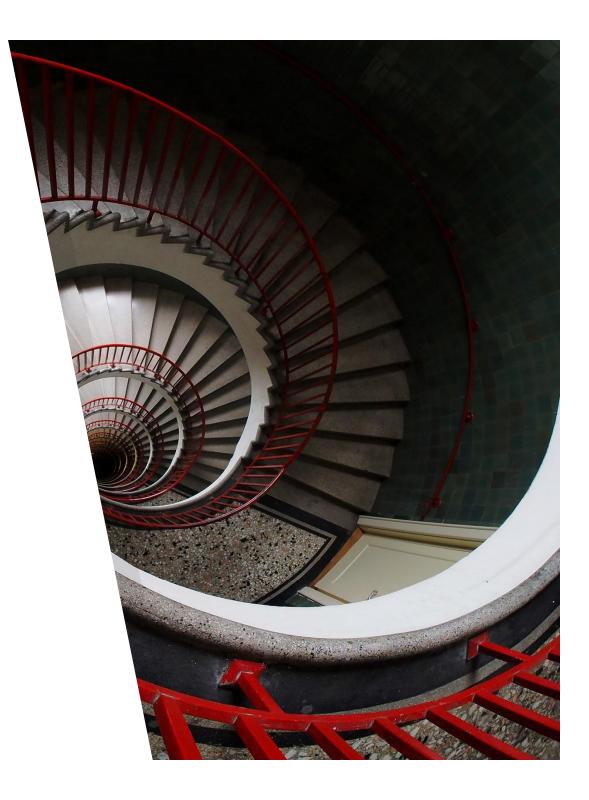
- → Required systems by funders makes data integration impossible
- → WFA caseloads
 - ◆ CMCA desires lower caseloads for true relationship development but funding does not allow at this time
 - ◆ Due to caseloads, there is less time for community engagement
 - **♦** Balancing of responsibilities for staff
- → Difficulty engaging HCV families
- → Some resistance to change
- → Multiple funder regulations is difficult for integration
- → Funding
- → 1st year of WFA is a gathering/learning year
 - Ambiguous because there is just data collection vs. using for quality improvements
- → Engaging members



CMCA Next Steps

- → WFA Self Assessment for Impact
 - Quality Improvements
- → CMCA Community Assessment
- → Feedback from frontline staff
- → Continue data collection & analyzation
- → Agency Data Plan
- → CMCA Member Focus Groups
- → Continue funding searches
- → Develop publicly facing data
- → Continued WFA culture development
- → Professional development of staff





CMCA Contacts

Darin Preis, Executive Director

Darin-Preis@showmeactin.org

Angela Hirsch, Chief Program Officer

Angela-Hirsch@showmeaction.org

Tammy Hawk, Family & Community

Administrator

Tammy-Hawk@showmeaction.org

Beth Vossler, Head Start Director

Beth-Vossler@showmeaction.org

Emily Young, Program Officer

Emily-Young@showmeaction.org

Brooke Eskridge, Family & Community

Administrator

Brooke-Eskridge@showmeaction.org



Questions?





COMMUNITY ACTION PARTNERSHIP OF SONOMA COUNTY

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Community Action Partnership of S

Our Mission

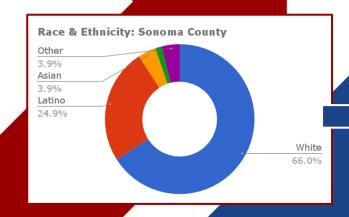
CAP Sonoma partners with the community to empower low income families through community engagement, health and wellness, education, and financial stability strategies.

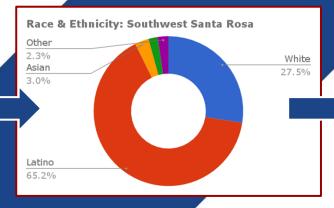
Our Vision

CAP Sonoma strives to eliminate poverty and invests in families through partnerships, advocacy, and high-impact programs.

Vía Esperanza Centro de Educación

CAP Sonoma's family resource center located in southwest Santa Rosa, which serves the county's most disadvantaged residents, is the setting of our initial implementation of a whole family approach, vis-à-vis the Mobility Coach Program.



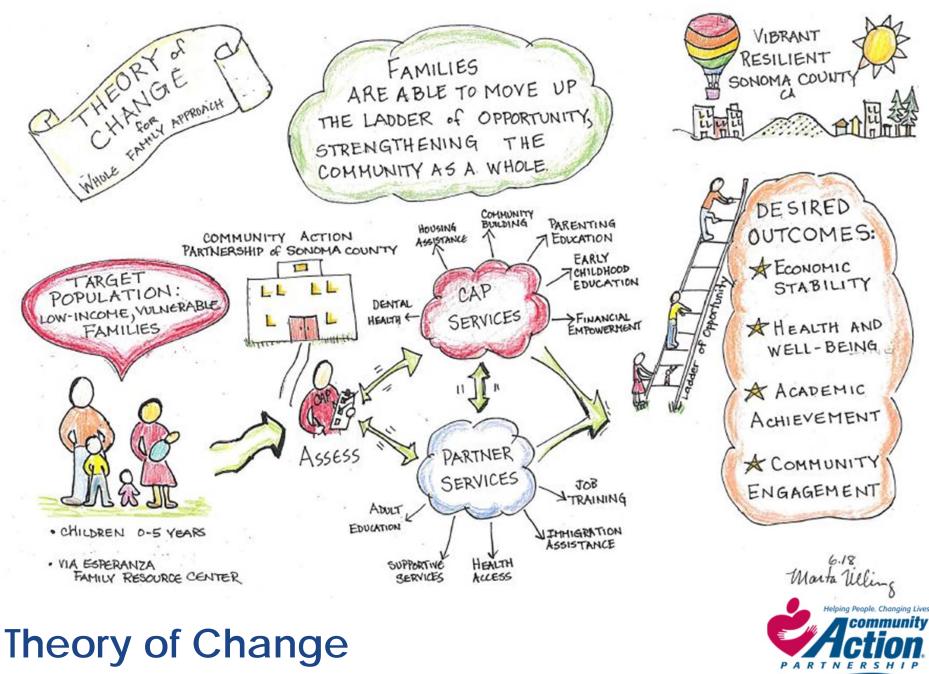


42.6

Percentage of Sonoma County Children in **Poverty** who are **Latino**

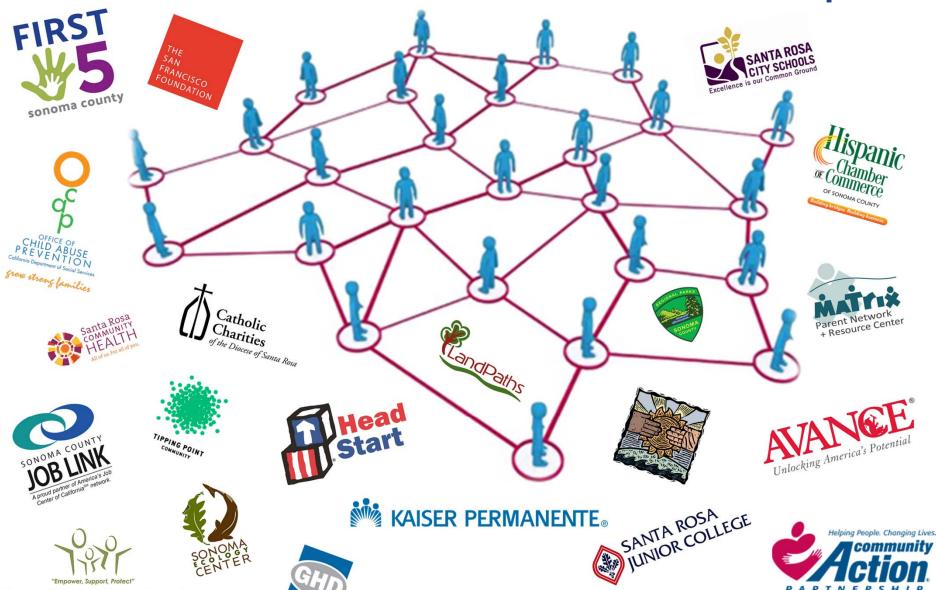
Source: U.S. Census Bureau, 2010 Census.





SONOMA COUNTY

Sonoma County Funders, Partners & Collaborative Group



SONOMA COUNTY

Human Services Department

Key Milestones & Implementation





Challenges to Whole-Family Approach Implementation











Ah-ha! Moment





Changes & Outcome





Key Milestones & Implementation



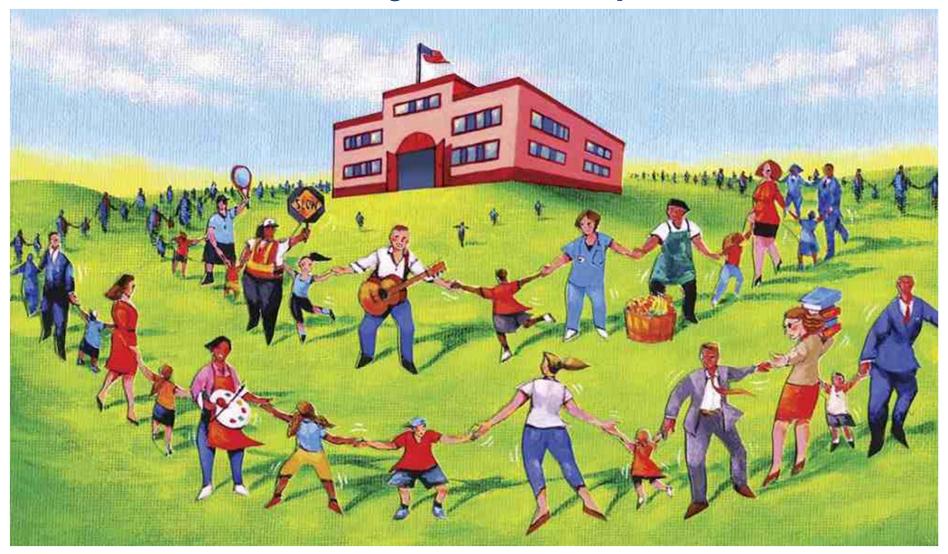




- Implementing economic supports within Head Start (Your Money, Your Goals)
- Expanding Vía Esperanza site work to include Head Start/Early Head Start



Community Action Inspiration





Sonoma County Whole Family Approach COP Team

Dr. Susan Cooper Executive Director



Marta Tilling
Assistant Director
School Readiness

Mary Watts, MPA
Deputy Director

Michael P. Varela

Program Manager Vía Esperanza Centro de Educación Magdalena Mendoza
Program Coordinator/Mobility Coach

Program Coordinator/Mobility Coach Vía Esperanza Centro de Educación



Let's connect!

Mary Watts

Deputy Director

mwatts@capsonoma.org

Michael P. Varela

Program Manager

Via Esperanza Centro de Educación

mvarela@capsonoma.org

www.capsonoma.org



QUESTIONS?





METROPOLITAN ACTION COMMISSION

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Metro Action Commission

MAC 4 Jobs Making A Change For Jobs

Our Workforce Development Initiative for Head Start and Early Head Start families and Students of our Adult Education Program.

- Child Development Associate Certificate (CDA)
- CompTIA A+ Certification
- ESL Classes
- Adult Education
- Youth Technology Summer Camp
- Father II Father











Metro Action Commission

MAC 4 Jobs Making A Change For Jobs

Approaching our 4th year of our Metropolitan Action Commission Summer Youth Technology Camp, we have exposed nearly 80 young people to the Information Technology Industry,













Whole Family/2Gen Theory of Change

Breaking the Cycle of Poverty in our community, One Child, One Person One Family at a time by increasing family economic security, educational success, health and well-being from one generation to the next

Families



Children birth to five and Teens

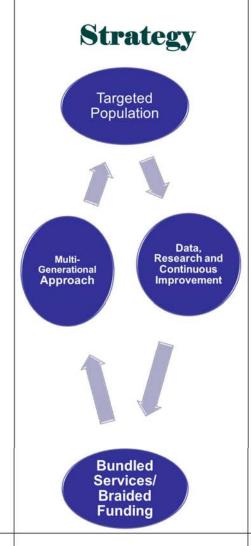


Fathers and Significant Others



Adults

Services Economic Assets Social Capital Education/ Workforce Youth Opportunities Early Childhood Education



Impact

- Economic Security
- · Educational Success
- Health and Wellbeing from one generation to the



Key Milestones



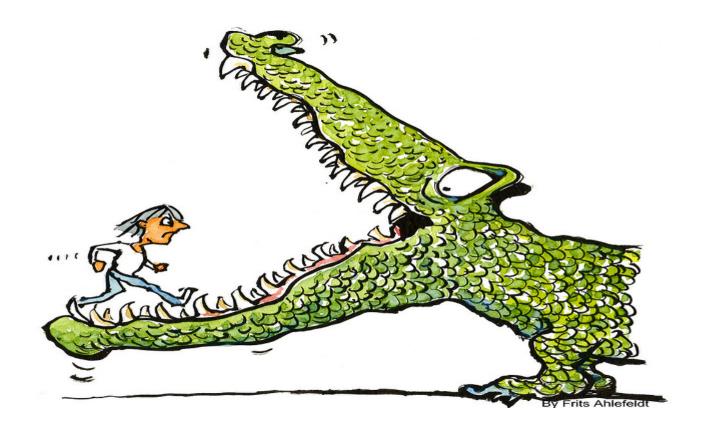
Dismantling Silos

Mission Focus/Culture Change

Impact Driven



Challenges and Barriers









- Must have the courage to say goodbye to good people who don't want to move along
- Agency began to see real traction in helping parents get our of poverty
- Correlational study that showed improvement over three years in child outcomes and parent engagement



What changed?



- State of Tennessee allowed more flexible use of funding
- Teams begin process with collaboration
- Restructured budget-Human Resources,
 Facility usage around a 2 GEN/Whole Family Model
- Increased agency-wide training



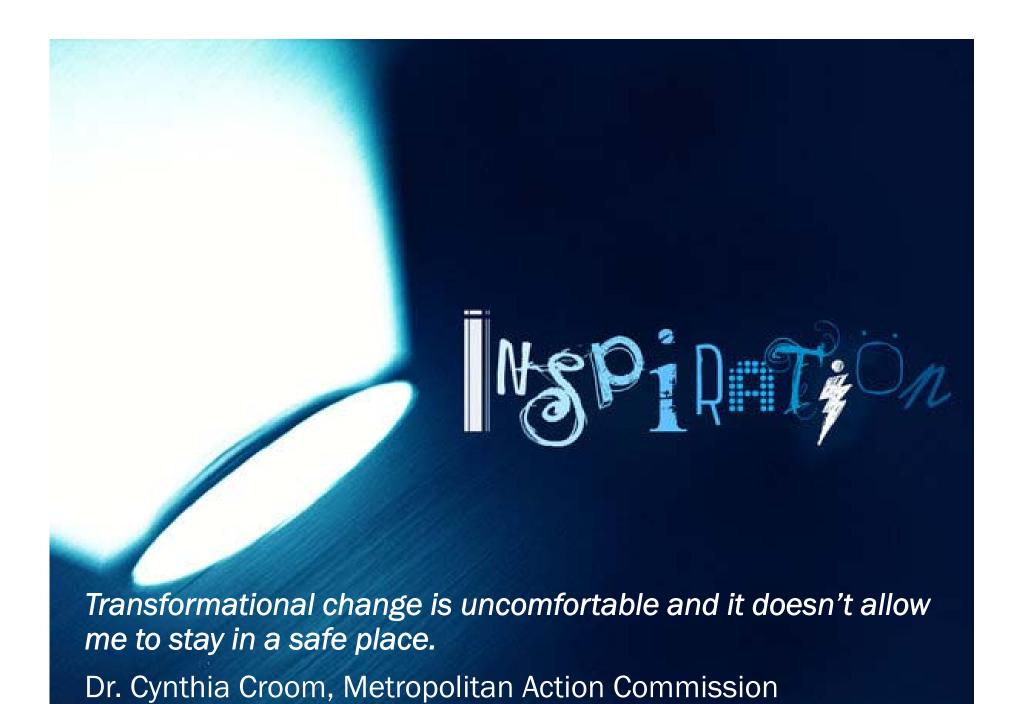


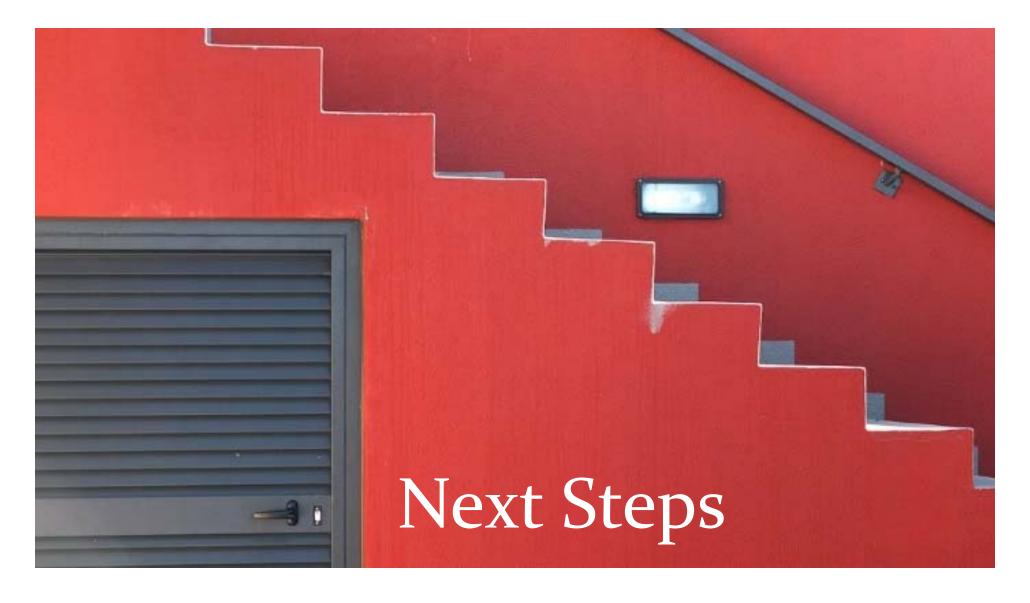
Metro Action Commission

MAC 4 Jobs Making A Change For Jobs

Momina Ahmed, former Early Head Start parent and graduate of the Metropolitan Action Commission CompTIA A+ Certification Program. Completed her Internship with the Nashville Government Information Technology Services Department....She was officially hired in February 2019 with a salary of \$47,000/year.







- Organization wide capacity building continues
- Increasing the number of partners
- Research study on the model we are using



The Possibilities we see in terms of impact for our families and Communities we serve

Breaking the cycle of poverty in our community-One person, One Child, One Family at a time.

(The Vision of the Metropolitan Action Commission)



How to contact us

- Marvin Cox, Community Services Director (<u>marvin.cox@nashville.gov</u>)
- Lisa McCrady, Special Assistant to the Executive Director (<u>lisa.mccrady@nashville.gov</u>)



Questions?





COMMUNITY ACTION, INC.

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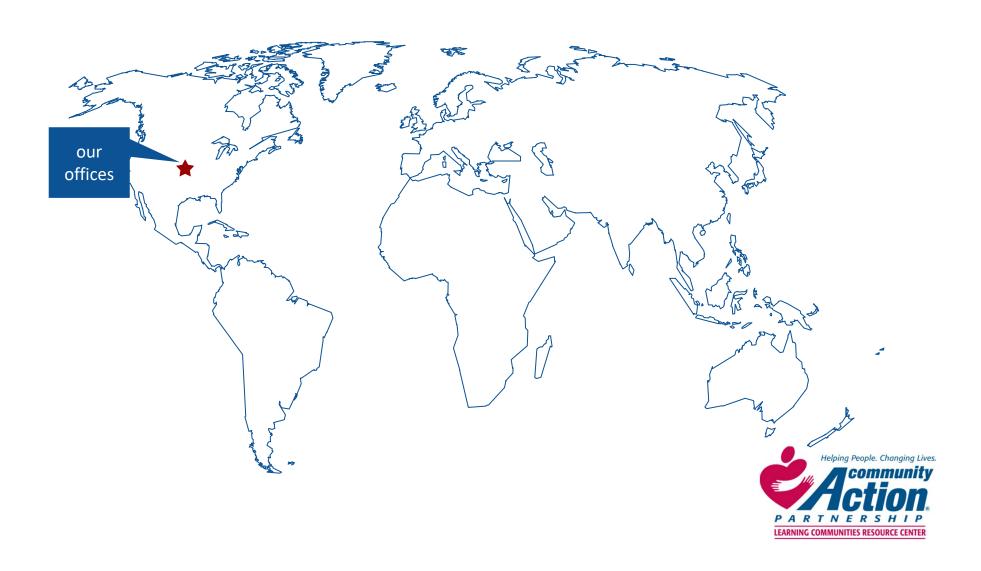


Community Action Partner Services

From SILOS to BUNDLES to WHOLE FAMILY APPROACHES

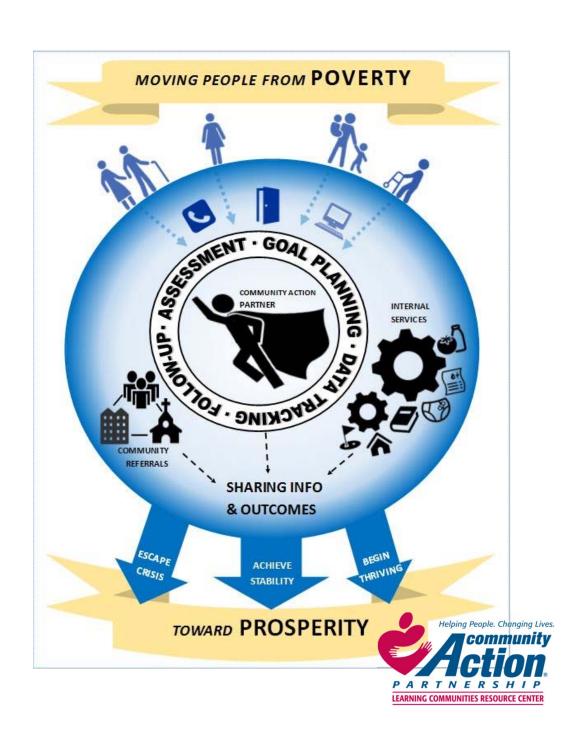


We Fight Poverty



Theory of Change

(Or a terrifying monster)





- 1. Revision of and Commitment to Mission
- 2. Guiding Coalition Formation
- 3. Focus Groups with Low-income People
- 4. All-Staff Meeting
- 5. Hiring the Team
- 6. Getting Funding for Agency-wide Data System
- 7. Conversations with Key Partners & Prototypes





The Show Must Go On

Resource Intensive

Love of Change



A-ha!

They're as excited as we are! (and)

Now we're ready.





So far...

STAFF MORALE

BOARD ENGAGEMENT

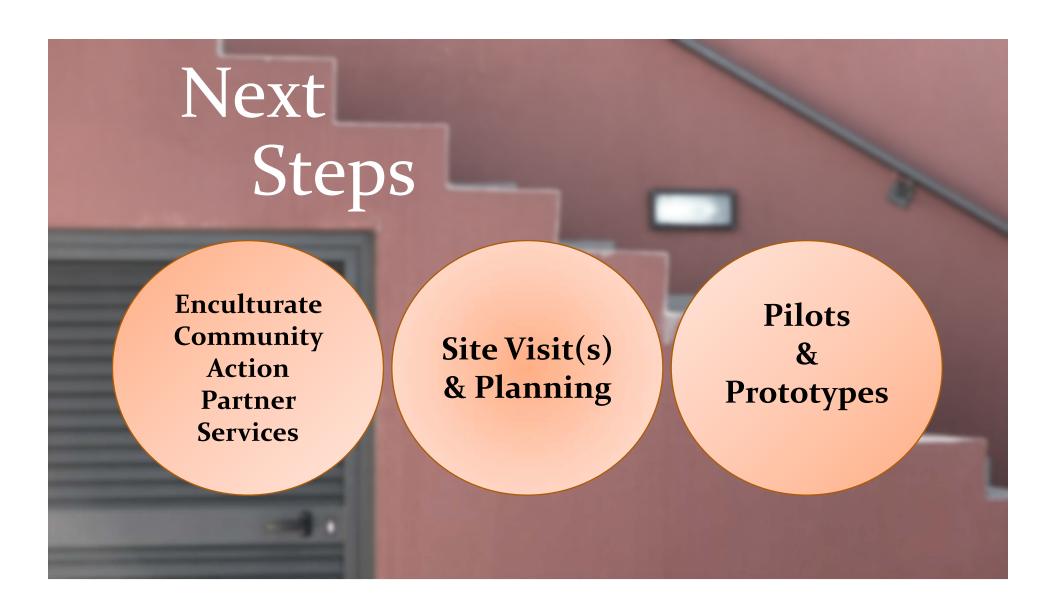
COMMUNITY AWARENESS





WE CAN BE AWESOME!

- VISION
- PASSION
- LEADERSHIP
- PERSISTANCE







Tawny
Stottlemire
(785) 235-9561

Tawny@WeFightPoverty.org



Questions?





ENRICHMENT SERVICES PROGRAM, INC.

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Head Start Parent Employment Training

- Customized training program
- Community partnerships
- Designed around Head Start hours
- Addressing parent's barriers
- Paid internship
- Ongoing support





Partnerships













- Leadership focus on integration of services
- Eliminate silos
- Bundling services to improve outcomes LCG 2015 2017

ROUND TABLE DISCUSSIONS







Design services/programs around family needs to help make them stronger



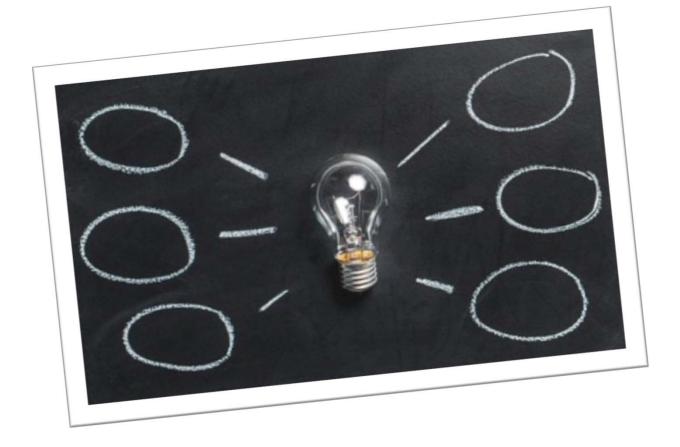
1



Listen!



2



Brainstorm!



3



Recruit!





Challenges & Barriers

- Transportation
- Support system
- Self-confidence







Training for program leaders and case management staff on Family-Centered Coaching and Trauma Informed Care.



Ah-ha Moment!



We had everything we needed to get started!



What changed?

- Engagement staff & customers
- Positive communication
- Relationships





Success!



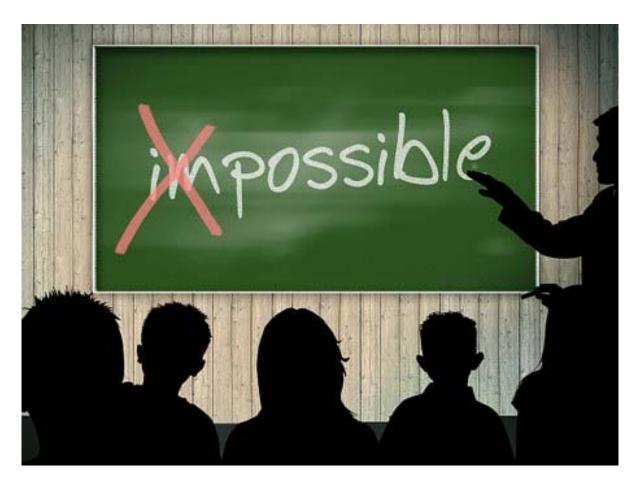








Create your own opportunities









- Continued round table discussions
- Explore a "whole family" Head Start Center
- Second cohort of students



SUCCESS isn't just about what you accomplish in your life, it's about what you inspire others to do.



How to contact us

- Jamie Thomas, Director of Community Services (<u>jaustin@espheadstart.org</u>)
- Angel Walker, Community Services
 Program Manager

(AWalker@espheadstart.org)



Questions?





Contact Info

Tiffney Marley, CCAP, NCRT

Vice President, Practice Transformation

tmarley@communityactionpartnership.com

