

Shaquana Graham



Photo Credit: Desiree Rios

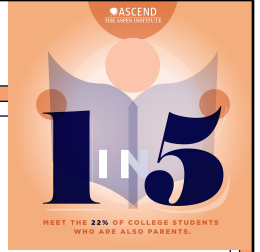
Shaquana Graham is a single mother of three beautiful children. She lives in The Bronx, NY, and is currently a full-time student at Bronx Community College. She will be transferring to Lehman College, CUNY in Fall of 2021.

Shaquana's Story

Shaquana is part of LIFT, an organization dedicated to helping low-income families build strong personal, social and financial foundations, including securing stable employment and building credit.

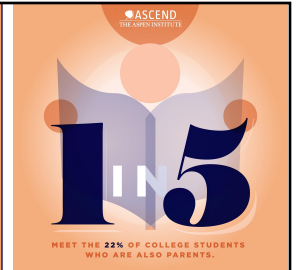
Shaquana was recently diagnosed with Lupus, an autoimmune disease that can affect different body systems. She joined The Lupus Foundation, to share her story and help others by being an advocate and motivating those who struggle everyday with this disease.

Shaquana is an optimistic and driven individual who believes in fighting for what you want, and never giving up.



Resources

- [LIFT](#) is a Washington, D.C.-based nonprofit and works with families to break the cycle of poverty by using a two generation approach. They have offices in Chicago, Los Angeles, New York City, and Washington, D.C.
- [CUNY EDGE](#)'s mission is to help CUNY students who are receiving public assistance achieve academic excellence, graduate on time, and find employment.
- [Manhattan Educational Opportunity Center \(MEOC\)](#) delivers student-centered academic and workforce development programs and serves as a gateway to access further education, career achievement, personal growth, and self-sufficiency for adult learners in the NYC area.



Hear the episode [here](#).

Read the episode transcript [here](#).

For more, [click here](#).

Did you know..?

[A 2011 study](#) found that nearly a third of single mothers on income assistance will at some point meet the criteria for a probable diagnosis of PTSD.

Helpful Links

- [Federal Student Aid](#)
- [ECMC Foundation](#)
- [TANF](#)
- [Ascend National Partners](#)

